



Zesty Black Bean Burger



SERVINGS

4



COOKING TIME

10 min

This zesty black bean burger recipe combines hearty black beans and vibrant spices for a flavorful vegetarian burger that's sure to satisfy.

Ingredients

- 1 cup [Quaker® Oats-Quick 1-Minute Oats](#), uncooked
- 2 cups black beans
- 1/4 cup finely chopped onion
- 1/4 cup finely chopped green bell pepper
- 1/4 cup shredded zucchini
- 1 egg
- 3 tbsp salsa
- 1 garlic clove
- Salt and pepper to taste (optional)

Cooking Instructions

1. Sauté vegetables in oil until tender; transfer to a food processor.
2. Add remaining ingredients and pulse until well blended.
3. Shape into 4 patties.
4. Cook patties using stovetop, broiler or grill until browned as desired.