



Whole Grain Muffins



SERVINGS



COOKING TIME

12

15 min

Whole Grain Muffins are an easy, 5-ingredient recipe that is satisfying year-round. Whole Wheat Blend Pancake & Waffle mix make for a thick, yet moist muffin you can whip up quickly and easily.

Ingredients

- 2 cups Aunt Jemima Whole Wheat Blend Pancake & Waffle Mix
- 1/2 tsp ground cinnamon
- 1/3 cup honey
- 1 egg
- 1/4 cup vegetable oil

Cooking Instructions

1. Heat oven to 425°F.
2. Line 12 medium muffin cups with paper baking cups or oil bottoms only.
3. Combine mix and cinnamon.
4. Add combined remaining ingredients, mixing just until moistened.
5. Fill muffin cups 3/4 full.
6. Bake 15 to 18 minutes or until golden brown.
7. 1 DOZEN CHOLESTEROL VARIATION: Substitute 2 egg whites or 1/4 cup egg substitute for whole egg.