



Trail Mix Oats



SERVINGS

1



COOKING TIME

5 min

Trail Mix Oats is a combination of all the best trail mix ingredients combined with yummy oatmeal. Made with a variety of nuts, seeds, and a fan favorite, chocolate, our trail mix oatmeal is an easy make ahead oatmeal snack that is perfect for all seasons.

Ingredients

- 1/2 cup [Quaker® Oats \(quick or old fashioned, uncooked\)](#)
- 1/2 cup water
- 1/2 cup nonfat milk
- 1 tsp raw pumpkin seeds
- 1 tsp sliced almonds
- 1 tsp coarsely chopped pecans
- 1 tsp dark chocolate chips
- 1 tsp unsweetened dried cranberries
- 1 tsp unsweetened coconut

Cooking Instructions

1. In a medium saucepan, bring milk to a gentle boil (watch carefully).
2. Stir in oats.
3. Cook, uncovered, over medium heat, 1 minute for Quick Oats, 5 minutes for Old Fashioned Oats, stirring occasionally.
4. Toss together pumpkin seeds, almonds, pecans, chocolate chips, cranberries and coconut.
5. Sprinkle over oatmeal.