



Savory Breakfast Bowl



SERVINGS

1



COOKING TIME

5 minutes

Start your day off with a Savory Breakfast Bowl you can make in less than 5 minutes. Not only can you make this recipe in a flash, but the ingredients are simple yet delicious. Spinach, tomatoes, and mozzarella make for a fresh and tasty addition to your breakfast.

Ingredients

- 1/2 cup [Quaker® Oats \(quick or old fashioned, uncooked\)](#)
- 1 cup water
- 1/2 cup packed baby spinach leaves, long stems removed & coarsely chopped
- 1/4 cup tomatoes, chopped
- 1 tablespoon (2 ounces) shredded part-skim mozzarella cheese, divided

Cooking Instructions

1. In medium saucepan, bring water to a boil.
2. Stir in oats.
3. Cook uncovered over medium heat, 1 minute for Quick Oats, 5 minutes for Old Fashioned Oats, stirring occasionally.
4. Spoon into bowl.
5. Stir in spinach; top with chopped tomato and shredded cheese.
6. Optional - add black pepper to taste.