



Prize-Winning Meatloaf



SERVINGS

8



COOKING TIME

60 minutes

Cozy up with this classic weeknight dish for a hearty family favorite. Prize-Winning Meatloaf is an oatmeal meatloaf recipe that is juicy, tender, and a perfect go-to dish you can make in less than an hour's time.

Ingredients

- 1-1/2 pounds lean ground beef
- 1 cup tomato juice or tomato sauce
- 3/4 cup [Quaker® Oats \(quick or old fashioned, uncooked\)](#)
- 1 egg or 2 egg whites, lightly beaten
- 1/4 cup chopped onion
- 1/2 teaspoon salt (optional)
- 1/4 teaspoon black pepper

Cooking Instructions

1. Heat oven to 350°F. In large bowl, combine all ingredients, mixing lightly but thoroughly. Press into 8 x 4-inch loaf pan.
2. Bake 1 hour to medium (160°F) doneness until not pink in center and juices show no pink color. Let stand 5 minutes; drain off any juices before slicing.