



# Pomegranate Oatmeal Bowl with Pumpkin Seeds



**SERVINGS**

1



**COOKING TIME**

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It's the flavors of Autumn in one delicious bowl of our Quaker® Old Fashioned Oats. Our Pomegranate Oatmeal Bowl uses sliced pears for taste and adds pomegranate and pumpkin seeds for texture and crunch. It's a great breakfast option for a relaxed, chilly fall morning.

## Ingredients

- 1/2 Cup of [Quaker® Oats-Old Fashioned](#), uncooked
- 1 Cup of Nonfat Milk
- 1 Pear, Sliced
- 1/2 Cup Pomegranate Seeds
- 1/4 Cup Pumpkin Seeds
- 1/2 Teaspoon Cinnamon

## Cooking Instructions

1. Directions: Cook oats as directed on packaging and add toppings.
2. Enjoy!.