



# Peanut Butter Banana Oatmeal with Berry Jam



**SERVINGS**

1



**COOKING TIME**

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Peanut Butter Banana Oatmeal with Berry Jam is a decadent way to enjoy rich peanut butter. Help start your day with traditional breakfast foods like oatmeal, bananas, and jam mixed together for a breakfast option everyone will love.

## Ingredients

### Mixed Berry Chia Jam

- 1 cup fresh or frozen raspberries
- 1 cup fresh or frozen blueberries
- 2 tablespoons chia seeds
- 1 tablespoon orange juice
- 1 tablespoon pure maple syrup

### Oats

- 1 cup water
- 1/2 cup [Quaker® Oats-Old Fashioned](#)
- 1/2 fresh banana, about cup
- 1 tablespoon peanut butter or almond butter

## Cooking Instructions

1. In a mixing bowl combine raspberries, blueberries, chia, orange juice and maple syrup. Cover and let defrost at room temperature for about an hour.
2. Mash with a potato masher and let stand another hour for chia seeds to fully absorb moisture and plump. Bring water to a boil in a medium saucepan.

3. Stir in oats and reduce heat to low. Simmer uncovered over low heat, about 5 minutes, stirring occasionally.
4. Place oats in a bowl and top with fresh bananas, 2 Tbsp chia jam, and 1 Tbsp peanut butter.
5. Store leftover jam in refrigerator for up to one week.