



Maple Apple Oatmeal



SERVINGS

4



COOKING TIME

5 min

This recipe for Maple Apple Oatmeal is the perfect oatmeal recipe for the fall and wintertime. With ingredients like cinnamon, apples, and maple syrup, this cozy breakfast bowl will warm you right up.

Ingredients

- 3 cups apple juice
- 1/2 tsp ground cinnamon
- 1/4 tsp salt (optional)
- 1 ½ cups [Quaker® Oats \(quick or old fashioned, uncooked\)](#)
- 1/2 cup chopped fresh or dried apple
- 1/4 cup [product]
- 1/2 cup chopped nuts (optional)

Cooking Instructions

1. In medium saucepan, bring juice, cinnamon, and salt if desired, to a boil; stir in oats, apple and syrup.
2. Return to a boil; reduce heat to medium.
3. Cook 1 minute for quick oats or 5 minutes for old fashioned oats or until most of juice is absorbed, stirring occasionally.
4. Stir in nuts, if desired.
5. Let stand until desired consistency.