

Fruity Oatmeal Breakfast Bake

SERVINGS

COOKING TIME

6 20 min

Fruity Oatmeal Breakfast Bake uses a muffin tin to create bite sized granola portions you can top with your favorite fruit. Let each person in your family chose the fruit topping of their choice for a personalized breakfast option everyone will love. Not only are these bite sized bakes yummy, but you can store leftovers in the refrigerator or freezer to enjoy later.

Ingredients

- 3 cups Quaker® Oats (quick or old fashioned, uncooked)
- 2 tbsp brown sugar, divided
- 1 tsp baking powder
- 1 tsp ground cinnamon
- 1/8 tsp salt
- 1 cup nonfat milk
- 1 tsp vanilla extract
- 2 egg whites, beaten
- 6 tbsp finely chopped apple or pear with peel, blueberries, raspberries or blackberries

Cooking Instructions

- 1. Heat oven to 350°F. In large bowl, stir together oats, brown sugar, baking powder, cinnamon and salt. Combine well.
- 2. In separate bowl stir together milk, vanilla and egg whites.
- 3. Add to oat mixture.
- 4. Stir to combine well.
- 5. Let stand about 5 minutes until liquid is absorbed.
- 6. Coat 6 muffin pan cups with nonstick spray.
- 7. Portion oat mixture evenly into cups.
- 8. Top each with 1 tbsp desired fruit, pressing lightly.
- 9. Bake 20 minutes or just until firm.

- 10. Let stand in pan on wire rack 5 minutes.
- 11. Serve warm or at room temperature.
- 12. Refrigerate or freeze leftovers.
- 13. Reheat in microwave oven on High 30 seconds to 1 minute or until heated as desired.

Cook Note:

Overnight version: Prepare as directed, but do not add fruit. Cover and refrigerate overnight. Remove from refrigerator; top with fruit. Bake 20 to 25 minutes or just until firm and heated through.