



# Frozen Cereal & Yogurt Bars



**SERVINGS**

6



**COOKING TIME**

0 min

Frozen Cereal Yogurt Bars provide a refreshing and wholesome snack, blending creamy yogurt with crunchy cereal and sweet fruits frozen into convenient bars.

## Ingredients

- 2 ¼ cups [Quaker® Life® Chocolate Cereal](#), divided
- 2 cups reduced fat and sugar vanilla yogurt

## Cooking Instructions

1. Coarsely crush 1/2 cup of the cereal.
2. Spray 8-by-8-inch baking pan or dish with nonstick spray.
3. Sprinkle 1 cup cereal over bottom of pan.
4. Top with even layer of yogurt.
5. Sprinkle remaining cereal over yogurt, pressing lightly into yogurt.
6. Freeze 1 hour or until firm.
7. Cut into bars.
8. Store covered in freezer.