



# Dragon Fruit Overnight Oats



**SERVINGS**

2



**COOKING TIME**

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## Ingredients

- 1/2 Cup [Quaker® Oats-Quick 1-Minute Oats](#)
- 1/2 Cup Old Fashioned Oats
- 1 Cup Low Fat Vanilla Yogurt
- 1/2 Cup Red Dragon Fruit Puree
- 1 tsp Honey
- 1 Cup Milk (optional)

## Cooking Instructions

1. Combine together, let sit overnight.
2. Top to your taste with toppings like fresh fruit, pomegranate seeds & chia seeds.