



Chocolate Almond Energy Bites



SERVINGS



COOKING TIME

6

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Ingredients

- 3 cups [Quaker® Life® Chocolate Cereal](#)
- 2 tbsp chia seeds
- 1/3 cup almond butter (see note)
- 1 tbsp honey
- 2 tbsp water
- 1 tsp vanilla extract
- 2 tbsp sliced almonds, toasted if desired

Cooking Instructions

1. Place cereal and chia seeds in large bowl; coarsely crush cereal.
2. In small bowl, stir together almond butter, honey, water and vanilla until smooth.
3. Add to cereal; stir with rubber spatula until well combined.
4. Spray muffin pan cups with nonstick spray or line with cupcake liners.
5. Press 2 tablespoons cereal mixture into each cup.
6. Sprinkle with sliced almonds (about 1/2 teaspoon per bite), pressing gently into cereal mixture, if using.
7. Refrigerate covered until firm.
8. Store leftovers in refrigerator up to one week.