



# Blueberry Banana Overnight Oats

 **SERVINGS**

1

 **COOKING TIME**

0 min

Blueberry Banana Overnight Oats is a make ahead recipe with only 5 ingredients. It is a perfect and tasty breakfast option that will be waiting for you in the morning. The combination of fresh blueberries and sweet bananas will help you start your day in a delicious way.

## Ingredients

- 1/2 cup [Quaker® Oats-Old Fashioned](#)
- 1/2 cup nonfat milk
- 1 tsp vanilla
- 1/2 cup blueberries
- 1/3 cup banana, sliced
- 1 tsp chia seeds (optional)

## Cooking Instructions

1. Add Quaker® Oats to your container of choice and pour in milk and vanilla.
2. Add a layer of blueberries and then a layer of banana slices.
3. Top with a drizzle of honey and, if desired, chia seeds.
4. Place in fridge and enjoy in the morning or a few hours later.
5. Let steep for at least 8 hours in a refrigerator 40°F or colder.
6. Best to eat within 24 hours.