



Blackberry Honey Walnut Overnight Oats



SERVINGS



COOKING TIME

1

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Try another easy, make-ahead breakfast recipe, Blackberry Overnight Oats with Honey and Walnuts and boost your mornings. Whether you're looking for a quick breakfast option or just something fruity, this recipe is a delicious combination of sweet and crunchy.

Ingredients

- 1/2 cup [Quaker® Oats-Old Fashioned](#)
- 1/2 cup low-fat milk
- 1/4 cup plain yogurt
- 1/4 cup blackberries, cut in half
- 2 teaspoons honey
- 1 teaspoon chia seeds
- 1 tablespoon walnuts, chopped

Cooking Instructions

1. Add Quaker® Oats to a container of your choice and pour in milk.
2. Alternate between layers of yogurt, blackberries.
3. Top with walnuts, chia seeds, and drizzle with honey.
4. Refrigerate overnight and enjoy in the morning! Let steep for at least 8 hours in a refrigerator 40° F or colder.
5. Best to eat within 24 hours.
6. Top with additional blackberries and walnuts, if desired.