



Barley Marshmallow Fruit Salad



SERVINGS



COOKING TIME

1

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This citrus-sweet salad is a fun way to enjoy fruit in a different way. While the marshmallows may make you think this is a dessert, Barley Marshmallow Fruit Salad is a delicious and creamy side that makes a great addition to lunch and dinner. This salad's unique list of ingredients creates a comforting dish the kids will love and makes for a great dish to pass at a gathering.

Ingredients

- 1-1/2 Cup(s) Water
- 1/4 Cup(s) [Quaker® - Medium Barley](#)
- 1 Can(s) (oz.) mandarin oranges, drained
- 1 Cup(s) miniature marshmallows
- 1/2 Cup(s) halved seedless red grapes
- 1/4 Cup(s) slivered almonds, lightly toasted
- 1/4 Cup(s) shredded or flaked coconut
- 1 Cup(s) Dairy sour cream

Cooking Instructions

1. In medium saucepan bring water to a boil; stir in barley.
2. Reduce heat; cover and simmer for 50 to 60 minutes or until barley is tender, stirring occasionally.
3. Drain and allow barley to cool to room temperature.
4. Combine barley with remaining ingredients except sour cream; toss lightly to mix.
5. Fold in sour cream.
6. Chill several hours before serving.