



Banana Nut Oatmeal



SERVINGS

1



COOKING TIME

1 min

Banana Nut Oatmeal combines creamy oats with ripe bananas and crunchy nuts for a satisfying and nutritious breakfast option.

Ingredients

- 1/2 cup [Quaker® Oats-Quick 1-Minute Oats](#)
- 1 cup plain, unsweetened almond milk
- 1/2 banana, Mashed
- 2 tbsp chopped pecans
- 1 tsp brown sugar
- 1 dash cinnamon

Cooking Instructions

1. In medium saucepan, bring almond milk to gentle boil (watch carefully); stir in oats.
2. Return to boil; reduce heat to medium.
3. Cook 1 minute, or until most of liquid is absorbed, stirring occasionally.
4. Remove oatmeal from heat.
5. Stir in mashed bananas, pecans, brown sugar and cinnamon.