



Banana Berry Peanut Butter Oatmeal Smoothie



SERVINGS



COOKING TIME

2

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Banana Berry Peanut Butter Oatmeal Smoothies taste a lot like a classic peanut butter and jelly sandwich with the added sweetness of bananas. Both adult and kid friendly, this recipe is something the whole family will love.

Ingredients

- 1/4 cup [Quaker® Oats \(quick or old fashioned, uncooked\)](#)
- 1/2 frozen banana
- 1/2 cup blueberries
- 2 tablespoons peanut butter
- 1/2 cup low-fat milk
- 1 tablespoon honey
- 1/2 cup ice

Cooking Instructions

1. Place all ingredients in a blender and blend until smooth. Garnish with additional sliced bananas and oats, if preferred.