



# Apricot Pistachio Oatmeal To Go



**SERVINGS**

1



**COOKING TIME**

2 min

We love this sweet and simple quick oats oatmeal, perfect for an on the go breakfast option. Save a little extra time in the morning with this make ahead oatmeal recipe, for a grab and go breakfast choice.

## Ingredients

- 1/3 cup [Quaker® Oats-Quick 1-Minute Oats](#)
- 1/2 tsp light brown sugar
- 2 tsp dried milk powder
- 1 tbsp dried apricots, chopped
- 2 tsp sunflower seeds
- 1 tsp pistachios
- Pinch of sea salt
- 2/3 cup water (for serving)

## Cooking Instructions

1. Place all ingredients except the water in a small zip top bag.
2. To serve, empty contents of bag into a mug or bowl, add the water and microwave for 2 minutes.
3. Let sit for 2 minutes before eating.