



# Apple Granola Overnight Oats



**SERVINGS**

1



**COOKING TIME**

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Apple Granola Overnight Oats is a sweet way to start your morning. Prepare this recipe the night before for an easy, crunchy breakfast option waiting for you in the morning. With some of your favorite fall flavors, this makes for a yummy transition from summer to fall.

## Ingredients

- 1/2 cup [Quaker® Oats \(quick or old fashioned, uncooked\)](#)
- 1/2 cup milk (or apple cider)
- 1/2 cup diced apple
- 1 teaspoon honey
- 1/8 teaspoon cinnamon
- 1 tablespoon granola (for topping)

## Cooking Instructions

1. Add Quaker® Oats to your container of choice, pour in milk, and add in diced apple.
2. Sweeten by topping with honey and cinnamon before refrigerating overnight.
3. Top with granola in the morning.
4. Let steep for at least 8 hours in a refrigerator 40° F or colder.
5. Best to eat within 24 hours.
6. Rise, shine, and enjoy!